

Providing Ingredients to Support learning opportunities inside and outside the classroom

Jill Bunting
Food and Nutrition Teacher
Tunmarsh School, Plaistow, East London

Overview

- ▶ Introduction - How it all started
- ▶ What I needed to consider
- ▶ Recipes
- ▶ Pancakes for Everyone
- ▶ Parents Evening
- ▶ Timetables and on-line Learning
- ▶ The future
- ▶ Any Questions

What I Needed to Consider ?

- ▶ How many parcels do I need to provide?
- ▶ What recipes am I going to include?
- ▶ Can these recipes be adapted for students to use at home?
- ▶ Are the ingredients readily available?
- ▶ How are the ingredients going to be packaged?
- ▶ How are they going to be distributed?

Recipes

- ▶ Penne Arrabbiata
- ▶ Bread Rolls
- ▶ Sweet Potato Dhal
- ▶ Chappatis
- ▶ Apple Crumble and Custard
- ▶ Chocolate Chip Cookies

Pancakes for Everyone!

Spring Half-Term - 2021

All students provided with an ingredient bag to make pancakes for their family.

Package included:

Ingredients to make pancakes

Recipe

Pancake Quiz

Parents Evening

- ▶ Parents are invited to take part in practical activities with their child
- ▶ Ingredients provided to make Chicken Shawarma and Flatbread.
- ▶ Recipe and spices to take home.
- ▶ All parents were offered an ingredients bag to take home to cook with their child - Apple Crumble Cookies.

On-Line Learning

Timetables and on-line Learning

Food is now offered as an enrichment activity to KS4 students.

Advantages/Dis-advantages

What are the next Steps

- ▶ Review and continue to develop Schemes of Work to enable applied learning opportunities within the curriculum area, as part of a whole school approach to applied learning.