

# One planet, with Year 9

A teacher delivered the 'One Planet' lesson from [Oak National Academy to a Year 9](#) class as part of the KS3 Cooking and Nutrition curriculum. The lesson focuses on global food challenges, encouraging students to think critically about sustainability, food systems and environmental impact.

The lesson was delivered largely as provided, with minimal adaptation. Using Google Classroom, the teacher uploaded the lesson materials into Google Drive and created a student-friendly version of the slides. Answer slides and example responses were removed, allowing students to actively engage by completing tasks directly on their own copies while referring to key information.

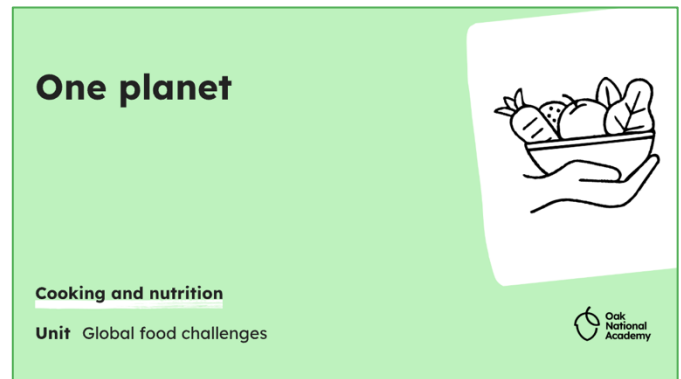
Students responded positively to the interactive elements of the lesson. The 'true or false' pause points encouraged discussion and prompted curiosity, with many pupils asking additional questions about sustainability and global food issues. Activities such as matching tasks and multiple-choice questions helped reinforce understanding in an accessible way.

The teacher noted that while the slides contained a large amount of information, this could easily be adapted or reduced depending on the needs of the class. The use of bold key vocabulary supported comprehension, and the overall structure of the lesson was clear, logical and easy to follow.

## Outcomes

- Engagement and discussion: Interactive elements, particularly 'true or false' activities, stimulated curiosity and encouraged deeper questioning around global food challenges.
- Independent learning: Providing students with editable slide copies supported active participation and allowed learners to work at their own pace while revisiting key content.
- Accessible for non-specialists: The clear structure and ready-to-use format made the lesson easy to deliver and suitable for cover lessons or non-specialist teachers.
- Adaptability: Content could be easily modified, such as reducing slide information, to suit different learners and classroom contexts.

The teacher reflected positively on the experience and plans to continue using Oak National Academy lessons, including developing a bank of resources for cover lessons, to further support consistency and accessibility across the department.



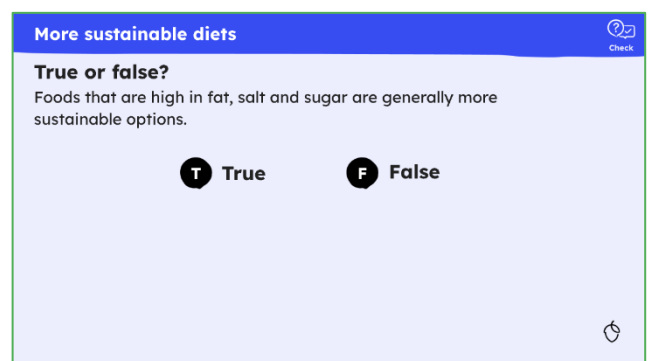
One planet Worksheet

**Task C: More sustainable diets**

1) Based on the food challenges we face, and the practical ways we can be more healthy and sustainable, plan meals for two days, justifying your decisions.

Meals	Food and drink	Comments
Breakfast		
Lunch		
Evening meal		
Snacks and drinks		

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## Big thank you to ...

Charlotte Kohler, Cramlington Learning Village