



Teacher instructions:
Draw the inside of a fridge, freezer and a cupboard on a white board. Cut out the food and ask the pupils to place them in the correct place.

Alternatively, use the **Safe storage activity sheet**.

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Top/middle shelf – ready to eat food
Bottom shelf – raw meat and poultry
Salad drawer – salad, fruit and vegetables
Freezer – wrapped or bagged fish, meat, vegetables, fruit, dairy
Cupboard – packets, cans, bottles, jars

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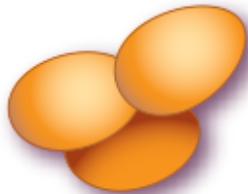
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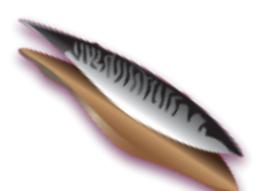
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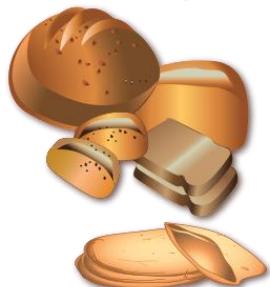
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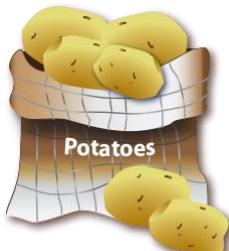
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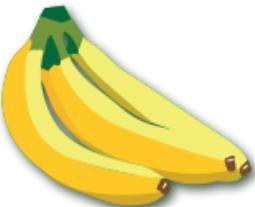
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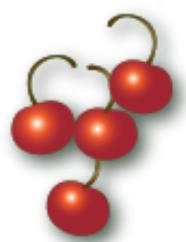
Raisins



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Frozen
peas



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Chopped
tomatoes

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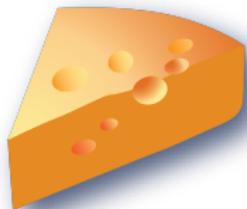
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